

The Association  
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# perspectives

## SPEAKER SERIES

### **‘Is higher education enabling students to fulfil their civic responsibilities as future professionals in a global society?’**

by **Dr Helen Rawson**, Registered Nurse and Research Fellow,  
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ACU Perspectives No. 9, Thursday 14 July 2016

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# **IS HIGHER EDUCATION ENABLING STUDENTS TO FULFIL THEIR CIVIC RESPONSIBILITIES AS GLOBAL FUTURE PROFESSIONALS? THE PERSPECTIVE OF NURSE EDUCATION IN AUSTRALIA**

**ACU PERSPECTIVES SERIES  
THURSDAY 14<sup>TH</sup> JULY 2016**

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**DEAKIN UNIVERSITY, SCHOOL OF NURSING AND MIDWIFERY  
CENTRE FOR QUALITY AND PATIENT SAFETY RESEARCH**



# ACKNOWLEDGEMENT

I would like to express my sincerest thanks to the ACU Titular Fellowship program for awarding me the Swansea University Fulton Fellowship 2016.

I would also like to thank Professor Vanessa Burholt and her team in the Centre for Innovative Ageing, Swansea University



# Where In The World



# Where Is Deakin University?



# ABOUT DEAKIN UNIVERSITY

- A comprehensive university covering most disciplines
- Four major campuses: Melbourne, Geelong (2) and Warrnambol
- One of Melbourne's fastest growing research institutions
- Increasing rank and profile
- Very strong links with industry and government





# SCHOOL OF NURSING AND MIDWIFERY



Melbourne Burwood Campus



Geelong Waterfront Campus



Geelong Wauran Ponds Campus



Warrnambool Campus





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# QPS RESEARCH PRIORITY AREAS

1. The Patient Experience
2. Patient Safety
3. Health Workforce



# EDUCATING AUSTRALIA'S NURSES AS GLOBAL PROFESSIONALS



# NURSE EDUCATION IN AUSTRALIA

Historically nurses were trained in nursing schools situated in hospitals that awarded a certificate in general nursing. Usually three years and nurse trainees were paid employees

Late 1970s, the Royal College of Nursing Australia pioneered a course that became the Diploma of Applied Science (Nursing) undertaken in institutes and colleges

Early 1990s, universities granted bachelor degrees in nursing rather than diplomas for entry-level courses.

# REGISTERED NURSE EDUCATION IN AUSTRALIA TODAY

Undergraduate courses at approximately 30 universities

Postgraduate courses at approximately 24 universities

Bachelors degrees

Honours degrees

Postgraduate Diplomas

Masters degrees (coursework or research)

PhD



# MANY FACTORS IMPACT ON NURSE EDUCATION

Changes in health practitioner regulation

Changes in higher education regulation

Reform in health policy and funding





# LOCAL PROFESSIONALS IN A GLOBAL CONTEXT

Nurses work in a local as well as global context

A profession with mobility in location and speciality

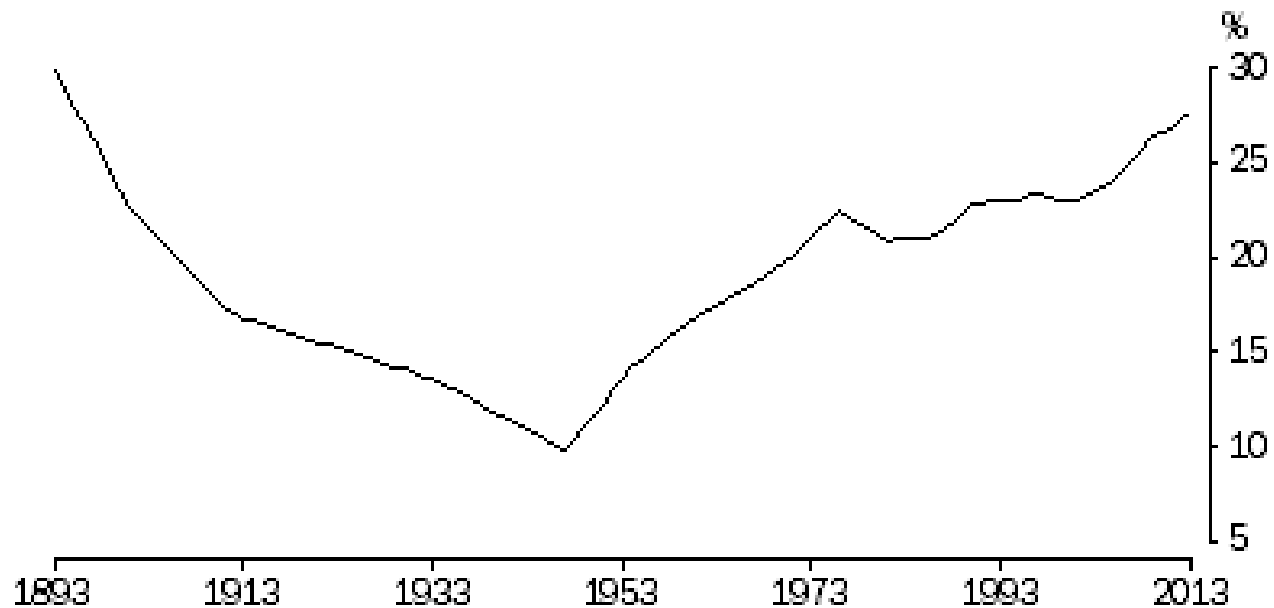
Working in various countries

Locally with different communities



# A MULTICULTURAL SOCIETY

Australia's population born overseas 2013



Australian Bureau of Statistics (2013)<sup>1</sup>

# TOWARDS TRANSCULTURAL NURSING

Early 1990s a recognition of the need for healthcare delivery to reflect the needs of everyone in society

- Health care system described as *monocultural* – (structure, function and social interaction) reflect Anglo-Australian world views and value systems<sup>2</sup>
- Drive for health services to develop standards of practice to improve access and quality of services for people from non-English Speaking Backgrounds (NESB)
- Many researchers emphasised the importance for nurses to have sound knowledge of cultural values, beliefs, practices and attitudes

# TRANSCULTURAL NURSING

*A formal area of study and practice focused on a comparative holistic culture, care, health and illness patterns of people with respect to differences and similarities in their cultural values, beliefs and practices with a goal to provide culturally congruent, sensitive and competent nursing care to people of diverse cultures<sup>3</sup>*

Dr Madeliene Leininger 1995

# IMPORTANCE OF TRANSCULTURAL NURSING

Nursing is essentially a transcultural phenomenon and knowledge about patients' cultural values, beliefs and practices are integral to providing holistic nursing care<sup>4</sup>

Good communication between the patient, their family and nurses is a pivotal part of transcultural nursing



# CULTURE AND HEALTHCARE

Culture has a significant influence on shaping perceptions of health and healthcare - providers and recipients of care

An individual's culture and language are significant predictors of the quality of care delivered

Disparities in the safety and quality care of people from culturally and linguistically diverse backgrounds (CALD) is increasingly being recognised at an international level<sup>5</sup>

# PATIENT ENGAGEMENT IN HEALTHCARE

A growing global movement in quality and patient safety in healthcare settings to engage patients and their families/nominated carers in a monitoring role as *safety partners*.

# TRANSCULTURAL NURSING EDUCATION

- 28 universities had a separate School of Nursing
- 23 found to conduct general studies in the area of society and culture
- 3 Schools had separate studies in the area of transcultural/cross cultural nursing<sup>6</sup>

## In Victoria

- 6/7 universities offered undergraduate nursing
- 2 offered transcultural/multicultural nursing module in the 2<sup>nd</sup> and 3<sup>rd</sup> year
- 4 offered basic courses that include sociology, culture as a theme, but not a specific module<sup>6</sup>



# REGISTERED NURSE ACCREDITATION STANDARDS

## *STANDARD 2: CURRICULUM CONCEPTUAL FRAMEWORK*

- 2.4 Teaching and learning approaches that:
- i. promote emotional intelligence, communication, collaboration, **cultural safety**, ethical practice and leadership skills expected of registered nurses<sup>7</sup>

## *STANDARD 4: PROGRAM CONTENT*

- 4.5 Inclusion of subject matter that gives students an **appreciation of the diversity of Australian culture, develops their knowledge of cultural respect and safety,** and engenders the appropriate skills and attitudes<sup>7</sup>

# REGISTERED NURSE STANDARDS FOR PRACTICE

## *Standard 1: Thinks critically and analyses nursing practice*

- 1.3 respects all cultures and experiences, which includes responding to the role of family and community that underpin the health of Aboriginal and Torres Strait Islander peoples and people of other cultures

Nursing and Midwifery Board of Australia<sup>8</sup>

# DEFINITIONS

**Culture** - characteristics and knowledge of a particular group of people, defined by everything from language, religion, cuisine, social habits, music and arts

**Cultural Safety** - effective nursing of patients from other cultures by nurses who have undertaken a process of reflection on their own cultural identity and recognize the effect of their culture on their nursing practice<sup>9</sup>

**Cultural Respect** - The concept of cultural respect has a positive effect on patient care delivery by enabling providers to deliver services that are respectful of and responsive to the health beliefs, practices and cultural and linguistic needs of diverse patients<sup>10</sup>

# AWARENESS AND UNDERSTANDING

- Be aware of their own cultural values and how this may influence their decisions and behaviours
- Have an understanding of the diversity in society
- Know how to communicate competently with ALL individuals, including people from other cultures

# COMPASSION AND CULTURAL COMPETENCY

**Compassion** – sensitivity to the pain or suffering of another, coupled with a deep desire to alleviate that suffering<sup>11</sup>

**Cultural Competency** – the ability to respond effectively to people from different cultures and backgrounds<sup>11</sup>

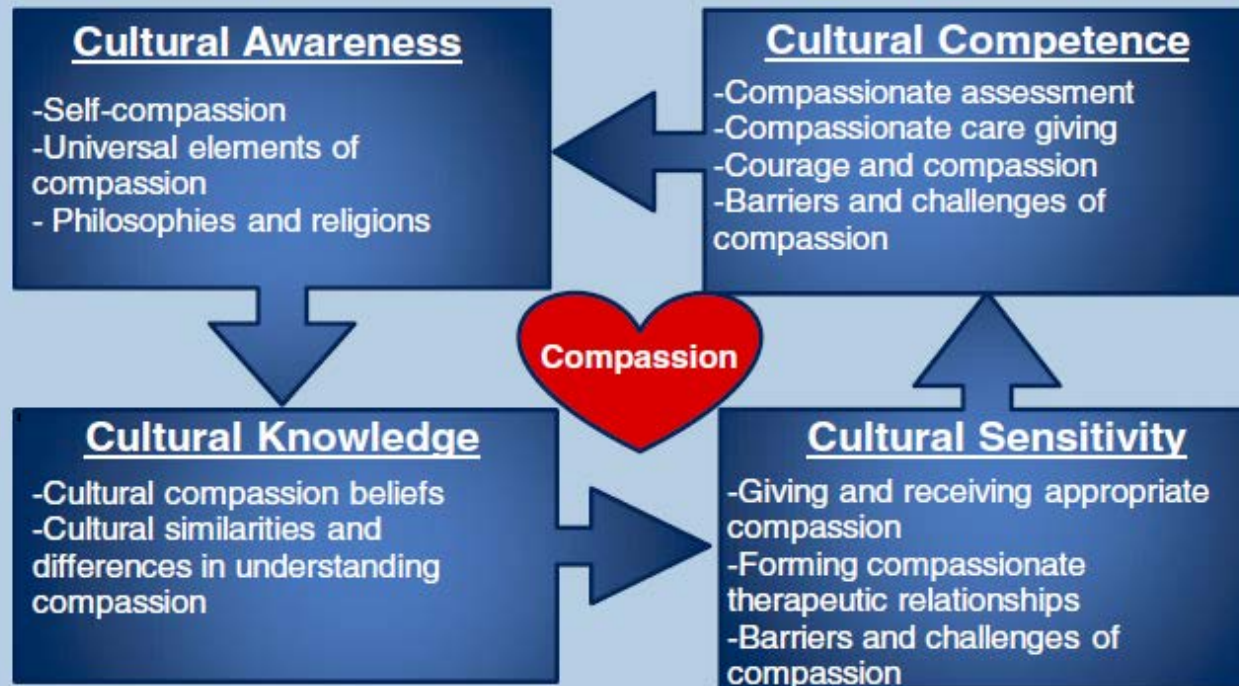
# CULTURALLY COMPETENT COMPASSION

*A human quality of understanding the suffering of others and wanting to do something about it using culturally appropriate and acceptable nursing interventions. This takes into consideration both the **patients' and the carers' cultural backgrounds as well as the context in which care is given**<sup>11</sup>*

Papadopoulos et al 2016

# THE PTT MODEL OF TRANSCULTURAL NURSING AND CULTURAL COMPETENCE

## THE PAPADOPOULOS MODEL FOR DEVELOPING CULTURALLY COMPETENT AND COMPASSIONATE HEALTHCARE PROFESSIONALS



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Papadopoulos et al<sup>11</sup>

# KEY POINTS

Nurses are global professionals

Nurse education must prepare graduates to be culturally competent professionals

Transcultural nursing must be the framework of nurse education curricula in higher education (and beyond) to ensure that culturally competent care is the cornerstone of care delivery



# Thank You



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**Any questions?**

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